NEW

SAICE Academy Mastering Soft Skills as an Engineering Professional – Are Egos Sabotaging Your Projects

0,1 CPD POINTS

SAICEEL26/04417/29

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Presented By: SAICE Volunteers

Fully On-Line

What Role do Ego's Play in Project Success?

When projects derail, we often blame schedules, budgets, or technical requirements. But the root cause is frequently something far more subtle: the unseen influence of our psychological ego states. This course introduces the powerful framework of Transactional Analysis to help you recognize, manage, and lead beyond the destructive cycle of ego-driven conflict.

This is an essential skill for any professional leading complex projects. Understanding these dynamics can be the difference between a stalled, toxic team and a collaborative, high-performing one.

This insightful course, ***"Mastering Soft Skills for Engineering Professionals: Are Ego's Sabotaging Your Projects,"*** brought to you by the SAICE Academy, for engineering professionals who want to master the hidden dynamics that determine project success.

Understanding the Three Ego States: ti

Developed by psychiatrist Eric Berne, Transactional Analysis reveals that we operate from three distinct ego states in every interaction. Recognizing them is the first step to regaining control.

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Ego State	Characteristics	Common Phrases
Parent	Controlling, Critical, or Nurturing: Learned behaviors from authority figures. Can be judgmental or supportive.	"You should." or "That's the right way."
Adult	Rational, Objective, and Solution-Focused: Your calm, logical, and most effective professional self.	"What are the facts?" or "Let's explore the options."
Child	Emotional, Spontaneous, or Resistant: Reactions rooted in past feelings. Can be creative and fun, or defensive and defiant.	"That's not fair!" or "I don't want to."

Ego-driven conflicts—such as a critical Parent-to-Child power struggle—are responsible for countless hours of lost productivity and damaged team morale.

Lead from the Adult State:

This course provides a practical framework for consciously leading from your Adult ego state, enabling you to keep teams calm, objective, and productive, even under immense pressure. You will learn to:

- **Ask, Don't Accuse:** Foster open dialogue instead of defensiveness.
- **Focus on Facts, Not Fault:** Direct conversations toward objective data and solutions.
- **Replace Blame with Curiosity:** Adopt a learning mindset to understand root causes.
- **Transform Your Language:** Use simple shifts in phrasing to de-escalate tension and build psychological safety.

Leading from the Adult state has been shown to result in 73% faster conflict resolution, 58% higher team trust, and 82% better project decisions.

Course Benefits for Engineering Professionals

Stop letting hidden egos derail your projects. Enrol in this essential course from the SAICE Academy and learn to lead with clarity, confidence, and control.

Enrol now and redefine your professional journey!

- No need to take any time off work
- No travel and or accommodation costs
- No lost productivity costs