

**\*NEW\***



## SAICE Academy Mastering Soft Skills as an Engineering Professional – Traps that may Silently be Stealing your Future

0,1 CPD POINTS

**SAICEEL26/04236/29**

SAICE is an ECSA Approved CPD Service Provider



Traps that may silently be stealing your future

**Presented By: SAICE Volunteers**

*Fully On-Line*

**The Problem: You're Driven, You Deliver, But You Feel Overlooked.**

Many ambitious professionals find themselves in a frustrating cycle: you put in the hours, exceed expectations, and deliver consistent results, yet recognition feels elusive. You watch as less qualified colleagues climb the ladder while your own career remains static. This experience can leave you feeling invisible and wondering what you're missing.

*"Working harder isn't always the answer. Sometimes it's about recognizing the invisible patterns that quietly stall your career."*

This insightful course, **"Mastering Soft Skills for Engineering Professionals: Traps that may Silently be Stealing your Future,"** brought to you by SAICE Academy, is designed to illuminate these hidden patterns. It's not about working harder; it's about recognizing the subtle traps that undermine your progress and learning how to navigate them effectively.

**Seven Career Traps to Watch For**

These common, often invisible patterns are surprisingly powerful. The good news? Once you spot them, you can break free. This course provides the tools to identify and overcome the seven most common career traps.

SCAN TO PURCHASE  
BOOKS

| Trap                                 | The Pattern                                                           |
|--------------------------------------|-----------------------------------------------------------------------|
| <b>The Comfort Zone Trap</b>         | Staying in familiar territory where you feel safe and successful.     |
| <b>The People-Pleaser Trap</b>       | Prioritizing others' approval over your own goals and boundaries.     |
| <b>The Perfectionist Trap</b>        | Waiting for perfect conditions before moving forward, causing delays. |
| <b>The Loyalty Trap</b>              | Remaining in a role or organization beyond what serves your growth.   |
| <b>The Silent Work Trap</b>          | Doing excellent work but failing to make your contributions visible.  |
| <b>The Networking Avoidance Trap</b> | Minimizing or avoiding professional networking activities.            |
| <b>The Fixed Mindset Trap</b>        | Believing your abilities are fixed and avoiding challenges.           |

This course will unpack ways to break free from these traps!

### The Power of Awareness:

When you are buried in execution mode, these traps are nearly impossible to spot. This course empowers you with the awareness to see these patterns in your own life. Once you recognize them, you hold the power to choose differently.

### Three Steps to Reclaim Your Future:

1. **Notice the Pattern:** Identify which traps show up regularly in your work life.
2. **Pause and Reflect:** Ask yourself if your behavior is serving your long-term goals or just your short-term comfort.
3. **Choose Differently:** Implement small, compounding shifts—one new boundary, one visible win, one quality connection at a time.

### Who Should Attend?ourse provides practical tools to integrate EQ into your daily life:

This course is for any professional who feels their career has stalled despite their hard work and dedication. If you are ready to stop working harder and start working smarter, this program will provide the awareness and strategies you need to break free from the invisible traps holding you back and accelerate your career trajectory.

### Course Benefits for Engineering Professionals

By learning how to escape from these traps, you will enhance your professional career.

Enrol now and redefine your professional journey!

- No need to take any time off work
- No travel and or accommodation costs
- No lost productivity costs