

NEW



SAICE Academy Mastering Soft Skills as an Engineering Professional – Rare EQ Skills that Triple Your Influence

0,1 CPD POINTS

SAICEEL25/04182/28

SAICE is an ECSA Approved CPD Service Provider



Rare EQ Skills That Triple Your Influence

Presented By: SAICE Volunteers

Fully On-Line

The New Engineering Superpower: Emotional Intelligence

In the complex, multicultural environment of the Built Environment, technical expertise is the entry ticket—but Emotional Intelligence (EQ) is the key to leadership, negotiation, and influence.

This course *"Mastering Soft Skills for Engineering Professionals: Rare EQ Skills that Triple Your Influence,"* specifically tailored for young South African engineering professionals, reveals the 9 rare EQ skills that will transform your professional relationships and accelerate your career trajectory.

Why EQ is Essential for Engineering Leadership.

- **Effective Communication:** Navigate diverse teams and client expectations with sensitivity and clarity.
- **Conflict Resolution:** Turn disagreements into collaborative problem-solving sessions.
- **Team Cohesion:** Build trust and loyalty, significantly reducing team friction and turnover risk.
- **Career Advancement:** Leaders with high EQ are consistently promoted into senior management roles.



SCAN TO PURCHASE
BOOKS

Rare EQ Skills to Master Your Influence.

This course is structured around practical, immediately applicable techniques that move beyond theory to real-world impact.

Skill Focus	Impact on Your Influence
1. The 3-Second Pause	Creates space for connection and ensures you respond, not react.
2. The Emotion Mirror	Makes colleagues and clients feel truly heard, building instant trust.
3. Modelled Vulnerability	Fosters authentic connection and breaks down hierarchical barriers.
4. The 24-Hour Rule	Prevents reactive communication, preserving professional relationships.
5. Emotional Contagion Awareness	Ensures your mood sets a positive, productive tone for the team.
6. The 5:1 Ratio	Systematically builds loyalty and engagement through positive reinforcement.
7. Conflict Reframing	Shifts confrontation from “blame” to “collaboration” using key language.
8. The 30-Second Check-In	Creates psychological safety and improves meeting effectiveness.
9. Future Self Empathy	Guides long-term decision-making, ensuring sustainable success.

Invest in Your Future

Sign up today and unlock the emotional intelligence that will triple your professional influence.

- No need to take any time off work
- No travel and or accommodation costs
- No lost productivity costs