

NEW



SAICE Academy Mastering Soft Skills as an Engineering Professional – Feel Great about Yourself - Ways to Develop Your Confidence

0,1 CPD POINTS

SAICEEL25/04182/28

SAICE is an ECSA Approved CPD Service Provider



Feel Great About Yourself:
Ways to Develop Your
Confidence

Presented By: SAICE Volunteers
Fully On-Line

Are You Ready to Build More Than Just Structures?

For young engineering professionals, technical skill is only half the equation. Confidence is the foundation for leadership, effective client management, and rapid career advancement.

This course *"Mastering Soft Skills for Engineering Professionals: Feel Great about Yourself - Ways to Develop Your Confidence,"* developed by industry experts, is your blueprint for building the unshakable self-assurance you need to thrive in the Built Environment.

Why Confidence is Your Next Critical Skill.

- **Effective Leadership:** Confidently lead teams and projects from day one.
- **Client & Stakeholder Management:** Command respect and build trust with clients and stakeholders.
- **Career Advancement:** Position yourself for promotions and high-impact roles.
- **Resilience:** Navigate setbacks and challenging projects with mental fortitude.



SCAN TO PURCHASE
BOOKS

Your Blueprint for Self-Assurance.

Strategy Focus

1. Master Small Challenges
2. Practice Positive Self-Talk
3. Improve Physical Presence
4. Document Every Win
5. Step Outside Comfort Zones
6. Keep Learning Something New
7. Practice Self-Compassion
8. Celebrate Progress

Key Takeaway for Engineers

Build neural pathways for success with daily, manageable wins.
Re-engineer your internal dialogue to eliminate self-doubt.
Master body language to project authority and competence in meetings.
Combat negativity bias by tracking achievements—big and small.
Strategically push your limits to accelerate personal and professional growth.
Build competence-based confidence through continuous skill acquisition.
Develop resilience by treating setbacks as learning opportunities, not failures.
Shift from paralyzing perfectionism to consistent, measurable movement forward.

Invest in Your Future

Invest in Your Most Important Asset: Yourself.

Sign up today and start building the confidence that will define your engineering career.

Enrol today and gain the critical business acumen to lead successful projects and accelerate your career.

- No need to take any time off work
- No travel and or accommodation costs
- No lost productivity costs