

NEW

SAICE Academy Mastering Soft Skills as an Engineering Professional – Going Professional: Mindsets of Elite Performers

0,1 CPD POINTS

SAICEEL25/04189/28

SAICE is an ECSA Approved CPD Service Provider



Going Professional: Mindsets of Elite Performers

Presented By: SAICE Volunteers
Fully On-Line

For Young Engineering Professionals: The Mindset That Separates Elite from Average

You've mastered the technical demands of engineering, but your career trajectory is determined by how you manage your most valuable asset: your brain. Elite performers don't just work hard - they adopt a professional mindset that optimizes their focus, time, and growth.

This course "**Mastering Soft Skills for Engineering Professionals: Going Professional – Mindsets of Elite Performers**," is designed to help you stop being an amateur and start performing at the highest level.

What You Will Master in This Course.

This course provides a structured, 6-point framework to transform your productivity and professional trajectory. You will master the mindsets that allow top engineers to achieve abnormal returns:

- **Mental Athleticism:** Treat your brain as your primary asset. Learn to optimize performance through strategic hydration, movement, nutrition, and rest.
- **Strategic Delegation:** Stop spending your genius hours on low-value work. Understand the R250,000 Question—the annual opportunity cost of doing R250/hour tasks—and learn to delegate outside your zone of genius.
- **Time-Blocking Mastery:** Implement the #1 productivity technique according to Harvard Business Review. Structure your day with intentional blocks for deep work, skill development, and focused communication
- **Progress Tracking:** What gets measured gets improved. Create simple dashboards to track 3-5 key metrics and use data, not feelings, to guide your professional growth.
- **Personal Board of Directors:** Stop being "self-made." Strategically build a network of mentors, visionaries, and advocates who accelerate your growth and provide honest feedback.



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Going Professional – Mindsets of Elite Performers

- **Resilience & Grit:** Understand that failure is not fatal. Learn the R3,000 Rule of **Resilience** and focus on daily systems and habits to ensure consistency, knowing that small wins compound over time.

Invest in Your Future

Going pro isn't a moment of triumph—it's a daily commitment. This course gives you the Professional Protocol to implement these mindsets immediately:

Ask Yourself: "What would the professional version of me do right now?"

Implement: Create a daily brain-care routine, restructure your calendar with Deep Work blocks, and list potential mentors.

Enroll today and gain the critical business acumen to lead successful projects and accelerate your career.

- No need to take any time off work
- No travel and or accommodation costs
- No lost productivity costs